

2016 MEADOWBROOK CHRISTIAN SCHOOL

TRACK & FIELD DIRECTIONS

CANTON HIGH SCHOOL

GPS Location: 509 E. Main St., Canton, PA 17724

Take Route 180W / US 220S above Williamsport. Merge onto 15N, Exit 29, toward Mansfield for approx 13 miles. Take PA Rt 14 N exit for 22 miles, keep left at fork to continue on Rt 14 N for 3 more miles. Turn Right onto Main St. School is at 509 E. Main St.

MONTGOMERY HIGH SCHOOL

Take Route 147 North which turns into 180. Take the Turbotville exit 5. Turn left onto Route 54. Go 6 miles. Turn right onto Montgomery St/405. Turn left onto High St. Then turn left onto Old Rd/Schoolhouse Rd. We will be competing on the football field.

COWANSEQUE VALLEY HIGH SCHOOL

GPS Location: 52 North Fork Road Westfield, Pa 16950

Start out going west on Stamm Rd/SR 1019 toward Broadway Rd/PA-254. Turn right onto Broadway Rd/PA-254. Continue to follow PA-254. Merge onto PA-147 N toward Williamsport. PA-147 N becomes I-180 W. Merge onto I-80 W. Take the US-15 N/US-15 S exit, EXIT 210A-B, toward Williamsport/Lewisburg. Merge onto US-15 N via EXIT 210B. Take US-15 N toward Lock Haven/Mansfield. Merge onto I-180 W/US-15 N/US-220 S/Susquehanna Beltway W. Merge onto US-15 N via EXIT 29 toward Mansfield. Take the PA-49 exit toward Elkland/Lawrenceville. Turn left onto PA-49/Route 49. Continue to follow PA-49. Turn right onto North Fork Rd. North Fork Rd is 0.1 miles past Harper Lane. 52 N FORK RD is on the right.

MACSA Meets @ Messiah College

Rt. 147 South to Northumberland to light at Sun Industries / Front Street Station. Follow Rt. 11 South signs to Tedd's Landing Restaurant. Then proceed on Rt. 15 South through Shamokin Dam and past the SV Mall and continue on Rt 15 South through Marysville. Get on I-81 south (toward Carlisle). Get off at Exit 59 (left exit) onto Rt. 581 East. Follow this to Exit 30b which will be Rt. 15 south toward Gettysburg. Follow about 4 miles (you will pass Christ Community Church on left side of highway), then proceed past the Turnpike entrance about 1.5 miles. Continue on Rt. 15 South and get off at Lisburn Road exit (one exit past Rt. 114 / Bowmansdale Exit). At traffic light make a LEFT and proceed to stop sign. Continue through stop sign no more than 1 mile. Look for Messiah College signs and make a RIGHT onto Messiah Campus (you will pass a new Brethren in Christ church on left) to the first stop sign. Make a

RIGHT at stop sign and follow this road (Sollenberger gym will be on left) for about ½ mile to the point where the Yellow Breeches Creek will be in front of you. At this stop sign make a LEFT. Go about 200 yards follow signs for Starry Athletic fields (make a RIGHT onto covered bridge and park in the lot.) The soccer stadium and track will be on the left.

SAYRE HIGH SCHOOL

From the school, turn right onto Broadway Rd/PA-254. Continue to follow PA-254. Zeke's & Stamm's is on the corner. Merge onto PA-147 N toward Williamsport. PA-147 N becomes I-180 W. Take the PA-405 exit, EXIT 13, toward Muncy/Hughesville. Turn right onto State Route 405/PA-405. Take the 2nd left onto State Route 405/PA-405. Continue to follow PA-405. PA-405 is 0.4 miles past Griffith Road. FOODSHOP #3 is on the corner. PA-405 becomes US-220 N. Turn right onto PA-199/Route 199. Turn left onto S Main St/PA-199. Turn right onto Susquehanna St. Susquehanna St is just past Judge Herrick Street. Johnny's Tavern is on the right. Susquehanna Street becomes Front Street. Turn left onto Riverside Dr/SR 1043. Riverside Dr is 0.2 miles past Glen Valley Road. Turn left onto E Lockhart Street, 331 E LOCKHART ST is on the right.

SHAMOKIN HIGH SCHOOL

Turn left onto PA 254/Broadway. Merge onto I-80E toward Bloomsburg (8.6 mi). Merge onto PA-54 South, Exit 224 toward Danville/Shamokin/Mt. Carmel (3.6 mi). Turn left onto PA-54/Elysburg Road (8.3 mi). Continue to follow PA-54. Turn slight right. Another slight right onto W Valley Ave/PA 487 (2.2 mi). Turn left onto PA-61 S (4.6 mi). Turn right onto PA-225/Corporal David Whitmer Hwy. Turn left onto N 2nd St. Turn right onto W State. St. The school will be on your left.

ACAA TRACK and FIELD CHAMPIONSHIPS @ Bloomsburg University

Route 80 East Take exit 236, Lightstreet Exit. Turn left onto Route 487 S / Lightstreet Rd for 1.2 miles. Turn right onto Country Club Drive. Turn right onto Welsh Circle to the Sports Complex.

ACSI Meet @ Bangor, PA

Take Route 80 East. From Stroudsburg Route 191 South. Follow 191 South for 9 miles. At the 2nd traffic light in Bangor make a right onto Broadway (Sunoco on the right). Follow Broadway to the top of the hill. At the stop sign, turn left and a quick right and continue on Broadway to the next stop sign. At this stop sign make a left. Bangor Memorial Stadium is on the right and the multi-purpose field is 2 blocks down on the right. Please park in the lot and not on the street.