

# Meadowbrook Christian School

## ATHLETIC HANDBOOK

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## Foreword:

The responsibility of the Athletic Department at Meadowbrook Christian School is to provide an environment in which a student athlete has the opportunity to develop educational and spiritual values. It exists as a part of the overall ministry of Meadowbrook Christian School and promotes both its' mission and objectives. The following represents the core principles driving the Athletic Department:

- We believe athletics are an integral part of the educational system
- We believe athletes to be an integral part of the student body
- We believe student athletes must be the focus of the athletic program
- We believe in the character building qualities of athletic participation
- We believe in the ability to share and model Christ through athletic participation

This manual attempts to outline basic policy and procedures that govern the Athletic Department at Meadowbrook Christian School as it strives to model its' above mentioned principles. Changes to current policy and the addition of new policy will be made as the need arises.

## Philosophy of Athletics:

To place Christ at the center of our lives both on and off the field of play

*“For physical training is of some value, but Godliness has value for all things, holding promise for both the present life and the life to come”*

1 Timothy 4:8 (NIV)

Recognizing athletics as part of the ministry at Meadowbrook Christian School is key to understanding its' role. Athletic participation is of some value, but if our time in athletics is without training in Godliness, it has failed to function effectively.

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men.”*

Colossians 3:23 (NIV)

The Athletic Department at Meadowbrook Christian School desires to present itself to God and not to man. Our coaches, staff, and student athletes should strive to give their all as they represent MCS and Jesus Christ. Whether in the classroom or on the field, all abilities; mental, emotional, physical, and spiritual, should be used for the Lord. This requires a commitment to excellence in all we do.

## Objectives:

The following represent the objectives of the Athletic Department at Meadowbrook Christian School. The objectives involve all athletes, coaches, and staff members of the program.

- To model Christ in both actions and words.
- To strive to grow in our relationship with Christ through times of devotion and prayer.
- To use the God given talents and abilities, not for personal glory, but for His glory.
- To develop and nurture the God given talents and abilities.
- To develop socially as we interact with both our team and other teams.
- To take seriously the life lessons found in athletics such as responsibility, commitment, dedication, adversity, and honest play.
- To strive for excellence in our playing.
- To recognize and seize the opportunities to share Christ by word and example.
- To develop the athletic program as part of the overall ministry of Meadowbrook Christian School.
- To develop community awareness of Meadowbrook Christian School and its' mission.

## Core Values:

The athletic program exists as support of the mission and purpose of Meadowbrook Christian School and not in and of itself. Therefore, its' core values and governing principles should support the goals of citizenship and striving for excellence in faith and learning.

### Integrity:

- ☞ **Purity of Intentions** – desire to do what is right all of the time– Matthew 22:16
- ☞ Authenticity in relationships, dedication to Christian principles lived out in our daily walk.

### Unity:

- ☞ To work toward a combination or arrangement of parts into a **Singleness of Purpose**. – Colossians 3:23
- ☞ Open communication (shared expectations), genuine concern for others (shared emotions), and common goals (shared purpose).

### Discipline:

- ☞ To develop and demonstrate **training** that leads to proper behavior and **for moral improvement**. – I Corinthians 9:24-27
- ☞ Hard work, punctuality, coachable spirit, and taking care of the “little things.”

## **Super Seven Principles:**

(Our athletic program should be an offering to the Lord and offer us life skills for our future)

1. **Be Fully Present:** Colossians 3:23
  - ☞ **Offering our full attention**
  - ☞ **Life Skill:** Learn to give full attention and benefit to the matter at hand.
2. **Be Coachable:** Hebrews 12:11
  - ☞ **Offering due respect to those in authority**
  - ☞ **Life Skill:** Excelling at any task requires criticism and evaluation, learn not to mistake such input as dislike or personal failure.
3. **Learn to be a Great Communicator:** Ephesians 4: 25
  - ☞ **Offering the truth in love**
  - ☞ **Life Skill:** Learn how to lead others through direction and encouragement, how to effectively hold one another accountable, and how to resolve conflict in a biblical manner.
4. **Make Hard Work Your Passion:** Proverbs 14:23
  - ☞ **Offering our all in effort**
  - ☞ **Life Skill:** Learn to make the most of every opportunity, giving the best you have leaving no regrets.
5. **Develop and Demonstrate Loyalty:** Romans 14:19
  - ☞ **Offering up our own agenda**
  - ☞ **Life Skill:** Loyalty leads to unity. Learn to work together without concern over who gets the credit. Point the spotlight to others.
6. **Make Winning an Attitude:** Philippians 4:13
  - ☞ **Offering our confidence in Christ**
  - ☞ **Life Skill:** Learn to develop a winning attitude through consistent winning effort and positive speech.
7. **Handle Success Like You Handle Failure:** Philippians 2:14-16
  - ☞ **Offering a consistent testimony**
  - ☞ **Life Skill:** One display of poor testimony can erase years of positive testimony.

**All Meadowbrook Christian School athletes will be responsible for knowing and, to the best of their ability, demonstrating these characteristics. And therefore, our program might be described using these values and principles.**

## **Sportsmanship Standard:**

### **Our relationships with Opponents**

- Demonstrate self control and respect others.
- Avoid words or actions that offend opposing teams, players, coaches, or spectators.
- Treat opponents as we would like to be treated.
- Avoid booing, taunting, and personal comments.
- Accept victory with grace and defeat with dignity.

### **Our relationships with Officials**

- Learn the rules of the game in order to be a more intelligent spectator.
- Accept and respect the integrity and authority of the officials.
- Avoid personal comments and sarcasm towards officials.
- Have your goal to make the official's work a joy, not a burden.

### **Our Relationship with Athletes and Coaches**

- Encourage our athletes.
- Do not expect athletes to be perfect. They are not professionals.
- Keep a proper perspective. Remember that our children's spiritual and academic progress is much more important than their athletic achievement.
- Respect the integrity and judgment of the coaches. If you have legitimate concerns, deal with them in proper forum and manner, as would be appropriate between fellow Christians. Before, during, and after a game is not an appropriate time.

## **Booster Club:**

The Booster Club was established to give support to the Meadowbrook Athletics Program primarily through fundraising, such as concessions at games, Little League World Series fundraiser, and any other fund raisers. Any parent whose child participates in any of the sports teams, is considered a member of the Booster Club. Parents will be asked to support the booster club by volunteering in the concession stand, gate, food donations, and any other fundraisers. Parent support is very important to the athletic program.

## Job Descriptions:

### Director of Athletics:

- General Description:
  - The Director of Athletics is appointed by the school Administrator and works directly under the supervision of that office.
  - The Director of Athletics works with staff members and volunteers, as approved by the Administrator, in developing and maintaining the athletic program.
  - Coaches are responsible to the Director of Athletics in all matters relating to instruction and other coaching responsibilities.
  
- Responsibilities:
  - Recommend for selection and supervision of all coaches.
  - Requisition and allocation of equipment and supplies within the scope of the budget.
  - Plan and schedule all games and related activities.
  - Manage athletic facilities.
  - Secure all necessary facilities.
  - Act as the official school representative to the member league(s).
  - Establish and supervise the athletic awards system to participants.
  - Comply with all member league(s) regulations.
  - Prepare and submit annual budget.
  - Maintain inventories of supplies and equipment.
  - Maintain statistics and records of accomplishments of teams and individuals.
  - Encourage spiritual growth of coaches and student-athletes.
  - Oversee academic policies for student-athletes.
  - Report results and accomplishments of the teams to the media.
  - Maintain an effective rapport with local sportswriters and news media.
  - Attend all meetings involving the school in athletics or appoint a representative.
  - Arrange for adequate professional staff coverage at all home games, contests, and meetings.
  - Secure officials for all home athletic contests.
  - Report to appropriate building administrator any unsafe conditions existing within areas used during athletic activities.
  - Schedule practice areas for athletic activities.
  - Stimulate interest of students, staff, and community in the athletic program.
  - Implement procedures for hosting visiting teams.
  - Arrange for all athletic transportation.
  - Supervise or oversee all intramural programs.

## Coaches:

- General Description:
  - Coaches are appointed by the school Administrator and the Director of Athletics, and shall be responsible to the Director of Athletics who shall, with the school Administrator decide on continuance or removal of that coach.
  - Coaches shall be contracted annually, and must sign the contract including the responsibilities outlined in the contract.
  - Coaches should consider the sport as an integral part of the overall ministry of Meadowbrook Christian School and should employ sound educational principles, ensuring all athletes feel a worthwhile part of the overall Meadowbrook program.
  - Coaches should employ sound Biblical principles to train their players to be Godly men and women as they compete.
- Responsibilities:
  - Determine personnel of the team.
  - Submit to the Director of Athletics a team roster for eligibility certification at least one week prior to the first contest.
  - Have control of the team in all matters pertaining to coaching and athletic discipline (Any supplementary procedures must be approved by the Director of Athletics).
  - Be present at all practices and contests or be represented by an approved substitute when necessary; this includes bus rides to and from away games.
  - Attend all appropriate meetings.
  - Be responsible for the distribution and collection of school athletic equipment, including uniforms before, during, and after the season.
  - Be responsible for all team equipment used during practices and contests.
  - Be responsible for team members at all contests, whether at home or on the road.
  - Provide the Director of Athletics all requested information for official use.
  - Give personal support to the entire athletic program.
  - Be responsible for the selection of team captain(s).
  - Organize and conduct practice sessions for the sport.
  - Appoint and train any managers for the sport.
  - Fill out injury report forms and see that all injuries are cared for.
  - Instill Spiritual leadership in the team with weekly bible studies, team devotions, prayer, and counsel. Also consider some kind of community service project.
  - Set an example by dressing properly for coaching at practices and contests.
  - Be on time for practices and contests and, if delayed, notify the Director of Athletics as soon as possible.
  - Be responsible for appropriate statistics being taken and that any reports are submitted in a timely manner.

- Be required to enforce the rules stated in the manual and the Meadowbrook Christian School Student Handbook.
- Be responsible to report varsity results to local news and media in a timely manner.
- The Director of Athletics and coaches share responsibility for preparation and clean up of the facility for each contest, specifics should be worked out for each sport.
- At the end of the season return coaching equipment, keys, and scorebooks to the athletic director.

### **Student Managers/Statisticians/Bookkeepers/Videographers:**

- General Description:
  - All student support staff will be responsible to the coach of the sport.
  - All student support staff will be considered a part of the team and held to the same standards and guidelines.
- Responsibilities:
  - Attend practices and contests when necessary.
  - Care for the equipment.
  - Get equipment ready for all contests.
  - Keep score and/or statistics as needed during contests.
  - Assist in the clean up after contests.
  - Complete statistical reports and submit them as needed.
  - Other duties as assigned.

## **Policy and Procedure**

The following policies and procedures have been established to govern the affairs of the Meadowbrook Christian School athletic program.

### **Athletic Eligibility for Tryouts and Participation Policy:**

#### **Students wishing to try out for an athletic team must:**

- Be enrolled as a full time student.
- Adhere to any published pre-season criteria established for the sport by the coach or Director of Athletics.
- Submit a signed Health Record and Travel Waiver form to the Athletic Office **prior to the first scheduled practice date.**
- Pay the designated Athletic Fee. Athletic fees are non-refundable (unless player does not make try-outs) **and are due prior to the first scheduled practice date of each sport.**

- Have a PIAA approved athletic physical form on file in the athletic office **prior to the first scheduled practice date**. The physical is valid for the school year.

**Forms can be obtained through the receptionist, athletic office, or website.**

- Have demonstrated academic eligibility as stated under academic eligibility.

**Students must adhere to the following to remain eligible for participation:**

- maintain academic eligibility.
- adhere to any school policy governing participation.
  - Students must arrive at school by 11:45 am on full days or 8:00 am on half days to be eligible to participate in any game that afternoon or evening.
    - Students not able to arrive at school by the designated time or leave school early due to an approved college visit, physician appointment, or director of athletics approved event (such as attending a funeral) are still eligible to participate in a game that afternoon or evening.
  - Students leaving school due to an illness can not return for participation in any game that afternoon or evening.
  - In case of a snow day situation when MCS has school but a students' school district is closed – if the student is a regular bus rider and no transportation is provided by the district, they may still participate in a game that afternoon or evening.
  - Any student disciplined in other areas of school life is subject to suspension from the athletic program to be determined by the Director of Athletics and the Administrator.
  - If a student receives a detention of any kind, the serving of that takes precedence over attendance at practice and/or games.
  - Students serving suspension will be **ineligible** for any practice or game held on that day.
  - Any student using profanity or abusive language, or demonstrating unacceptable behavior will be subject to suspension to be determined by the Coach, Director of Athletics, and Administrator.
  - Any student found to be using tobacco, alcohol, or drugs will be automatically subject to dismissal from all athletic teams for the current academic year.
- demonstrate team commitment.
  - If a player earns a position on the team, they are expected to remain on the team throughout the season.
  - If a player experiences some difficulty which affects them remaining on the team, a conference with the coach, the parents, and the player must be held prior to the players' leaving the team.
  - In the event of an unexpected medical condition which impacts a players' ability to participate, a conference with the coach, the parents, and the player will be held to identify the level of participation which is reasonable.

- Players and parent must participate in any fund raising done for the athletic program through the Booster Club or Athletic Director.
- Players are strongly encouraged to participate in off-season workouts, clinics, and camps to improve their skills.

### **Academic Eligibility:**

- Students must maintain an overall average of 71%.
- Students carrying an overall average above 71% and failing one subject will be considered on **restrictive eligibility (may not start)** and will not be eligible to **play in the first quarter** of games, but will be eligible to practice and travel with the team.
  - For soccer games, players may not enter the game until the beginning of the second quarter or at the twenty-minute mark of a forty-minute first half.
  - For basketball games, players may not enter the game until the beginning of the second period.
  - For baseball games, players may not enter the game until the top of the third inning.
  - For track and field, players may only compete in one less than the maximum allowed events in a single meet.
- Students carrying an overall average below 71% or failing two or more subjects will be considered **ineligible (may not play)** and will not be permitted to play in games, practice, or travel with the team.
  - At the time an **ineligible** student becomes eligible to play, they will be considered under **restrictive eligibility** for their first game back.
  - A student on **ineligible** status for three full weeks (not necessarily academic reports) will be dismissed from the team.
- Academic eligibility will be determined Friday afternoon of each week and determines eligibility for practices and games played the following Tuesday through Monday.
- Once ineligibility has been determined, during the week, a student may, by their own initiative, improve the quality of their work to the level specified above. The player would be reinstated under the above mentioned guidelines by word from the senior high Head Teacher to the Director of Athletics.

### **Practice Policy:**

- Attendance at practices is required for participation.
- Coaches will be constantly adding and adjusting team strategies during practice sessions. Missing practice may result in students being unprepared for game situations.
- Missed practices will be classified and handled under the following two guidelines
  - Unchangeable Family Commitments
    - Defined as an absence outside of the control of the player due to family commitments.

- These absences should be kept to an extreme minimum and will result in no mandatory loss of playing time.
- Player Chosen Activity
  - Defined as an absence from practice due to a player's deliberate choice
  - These absences will result in a loss of playing time during the next scheduled game, the minimum being defined by **restrictive ineligibility**.
- Injured players are expected to attend practice to observe and learn new team strategies.
- Practice and event schedules will be provided by the Director of Athletics and may be held on Saturdays or school holidays. Wednesday's practices will end by 4:30 pm.
- If a student is participating in a practice not held directly after school and wishes to remain on campus, they must remain in a supervised study room until practice begins.

### **Uniform Policy:**

- Uniforms will be distributed to athletes prior to their first game. Varsity boys and girls soccer athletes will receive socks; Junior High soccer athletes need to provide socks.
- Athletes are responsible for the maintenance of their uniform throughout the season.
- Uniforms must be turned in, to the coach or Director of Athletics, no later than two (2) weeks after the last game of the season. *If no arrangements have been made directly with the Director of Athletics, a \$10.00 late fee will be charged after that date.*
- Any damage, outside of normal wear and tear, will be the responsibility of the athlete.
- Uniforms or uniform parts are to be worn ONLY during athletic games or approved athletic events, not for gym or general wear.

### **Travel Policy:**

The following guidelines govern transportation:

- Students are expected to ride the bus to and from all away games unless prior arrangements have been made with the coach.
- A parent who is attending an away game must make verbal arrangements with the coach concerning transportation home.

- No student may ride with another student unless written permission from both parties have been given to the coach prior to the game, identifying the person who will be giving the ride.
- A student may not ride with another parent unless prior arrangements have been made with the coach or the parent is transporting players for the school.

The following guidelines govern travel conduct:

- Athletes must adhere to any seating arrangement designated by the coach, however, boys and girls should remain in separate sections of the bus, and there should be one empty seat dividing the sections when able.
- Athletes shall conduct themselves properly and follow the rules of the coach or bus driver, such as, fighting, horseplay, standing up, or yelling.
- Travel dress will be designated by the coach, yet should always be within the school dress code.
- Any athlete using electronic devices are expected to be listening to Christian music only, and using headphones.
- No trash is to be left at the bench, in the locker room, or on the bus; be sure to place all trash in the receptacle on the bus, or take it with you.

### **Playing Time Policy:**

- Playing time is an earned privilege.
- Playing time will be distributed at the discretion of the coach using the following guidelines based on level of competition:
  - For junior high teams, coaches are instructed to give each team member opportunity to play, based on practice attendance, effort, and attitude.
  - For high school teams (including junior varsity), there is no guarantee of playing time.
    - Coaches are instructed to use ability, effort, and attitude, to distribute playing time.
    - Evaluation of ability and game strategy is at the coach's discretion.
- Once rosters are set, players making the varsity roster will be ineligible to play on the junior high level (unless deemed necessary by both level coaches and the athletic director).
- Junior high players may be called up to the varsity team with the consent of parents, both level coaches, and the athletic director. Their eligibility for varsity teams will be as follows:
  - No junior high player will play before all eligible varsity player have played.
  - No junior high player will be eligible to play in the first quarter of a varsity contest, unless deemed necessary in order field a full team.

### **Gym and Playing Field Policy:**

- Athletes are expected to respect the facilities and fields afforded them for practice and competition.
  - Athletes are responsible for all trash and equipment after games and practices
  - All trash should be placed in proper receptacles.
  - Proper shoes should be worn at all times. Non-marking shoes only should be worn on the gym floor. No cleats should be worn in the school building at any time.
  - Locker rooms should be kept clean at all times.
  - Athletes should report any damage as soon as it occurs.
  
- Athletes are not to be in the gym without proper adult supervision or approval.

### **Communication Guidelines:**

It is inevitable that questions and concerns will arise throughout the course of an athletic season. In the hopes that they will all be handled appropriately, efficiently, and professionally, the following guidelines have been established.

1. Before formally addressing any concern, take some time to think about what your question is.
2. If appropriate, talk with your son or daughter about your question. What is your child's perspective? Can your child solve the problem him or herself?
3. Set up a meeting with the coach if you still have questions. This should be an informational meeting where parties ask questions, listen, and discuss. Remember that the coach makes decisions for the good of the team based on practice, ability, attitude, and chemistry.
4. If questions remain, set up a meeting with the athletic director, coach, and yourself.

#### **ACCEPTABLE AND UNACCEPTABLE QUESTIONS:**

1. Acceptable Questions:
  - Those which deal with the treatment of the child, such as:
    - What was your reasoning for doing what you did in this situation involving my child?
    - Were there any situations or conditions that led up to this?
  - Those dealing with how the child can improve, such as:

- How would you evaluate my child in terms of his offensive or defensive skills?
  - What areas does my child need to improve in?
- Those dealing with the child's behavior and attitude, such as:
    - Does my child work hard and have a good attitude at practice?
2. Unacceptable Questions:
- Those dealing with playing time – it is the coach alone that will determine playing time and the coaches' role is to do such things with thought and care.
  - Those dealing with game strategy – it is the coach alone that will determine game strategy including substitutions and player positioning, and again the coaches' role is to do such things with thought and care.
  - Those dealing with other players – it is inappropriate to discuss other players.

## **Athletic Recognition:**

### **Team Awards: To be distributed at the Annual Athletic Program Celebration Dinner**

- The following team awards will be given for soccer:
  - Most Valuable Player
  - Best Defensive Player
  - Best Offensive Player
  - Coach's Award
  - All participants will receive a Certificate
- The following team awards will be given for basketball and baseball:
  - Most Valuable Player
  - Best Defensive Player
  - Most inspirational Player
  - Coach's Award
  - All participants will receive a Certificate
- The following team awards will be given for track and field:
  - Most Valuable Player – Running
  - Most Valuable Player – Throwing
  - Most Valuable Player – Jumping
  - Most Inspirational Player
  - All participants will receive a Certificate
- All student support staff (such as managers, bookkeepers) will receive certificates.

**Program Awards: To be distributed at the Annual Athletic Celebration Dinner**

- These awards will be selected by an Athletic Committee to include the School Administrator, Director of Athletics, and select coaches.
- The Timothy Award: given to a boy and girl varsity athlete that best displays the character of the student athlete based on the following criteria:
  - The student must have made the honor roll in each of the first three quarters of the school year.
  - The student must have earned a varsity letter in at least one sport.
- The Barnabas Award: given to a boy and girl varsity athlete that best displays the character of Christ-likeness based on the following criteria:
  - The athlete must have earned a varsity letter in at least one sport.
  - The athlete must have displayed spiritual leadership both on and off the playing field.
  - The athlete must have displayed sportsmanship throughout the year.

## Athletic Program Profile:

League Affiliation: Allegheny Christian Athletic Association – Eastern Division  
 PIAA District IV Class A  
 School Colors: Forest Green and White  
 School Mascot: Lions

### Program Offerings:

| <b>SPORT</b>                        | <b>GRADES</b> | <b>SEASON</b> | <b>GAMES</b> | <b>SIZE</b> |
|-------------------------------------|---------------|---------------|--------------|-------------|
| Soccer – Girls Varsity              | 9-12          | Aug – Oct     | 16-20        | 14-18       |
| Soccer – Girls Junior High          | 7-9           | Augt – Oct    | 8-10         | 12-17       |
| Soccer – Boys Varsity               | 9-12          | Aug – Oct     | 16-20        | 14-18       |
| Soccer – Boys Junior High           | 7-9           | Aug – Oct     | 8-10         | 12-17       |
|                                     |               |               |              |             |
| Basketball – Girls Varsity          | 9-12          | Nov – Feb     | 20-24        | 10-15       |
| Basketball – Girls Junior High      | 7-9           | Nov – Feb     | 8-12         | 10-15       |
| Basketball – Boys Varsity           | 9-12          | Nov – Feb     | 20-24        | 10-15       |
| Basketball – Boys Junior Varsity    | 9-12          | Nov – Feb     | 10-15        | 10-15       |
| Basketball – Boys Junior High       | 7-9           | Nov – Feb     | 8-12         | 10-15       |
|                                     |               |               |              |             |
| Track and Field – Girls High School | 9-12          | Mar – May     | 3-6          | Unl.        |
| Track and Field – Girls Junior High | 6-9           | Mar – May     | 2-4          | Unl.        |
| Track and Field – Boys High School  | 9-12          | Mar – May     | 3-6          | Unl.        |
| Track and Field – Boys Junior High  | 6-9           | Mar – May     | 2-4          | Unl.        |

# **Appendix - Athletic Department Forms**

Meadowbrook Christian School Athletic Program

**Health Record**

This document does not take the place of school health information records. Its sole purpose is to provide health and insurance information in the **case of an emergency**.

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Weight: \_\_\_\_\_ Height \_\_\_\_\_

Home Address: \_\_\_\_\_  
Street Number City State Zip

Home Phone: \_\_\_\_\_ Parent / Guardian: \_\_\_\_\_

Work or Cell Phone Father: \_\_\_\_\_ Work or Cell Phone Mother: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Medical Insurance Company: \_\_\_\_\_

Type (Circle): Group or Individual Name of Insured: \_\_\_\_\_

ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

I (do / do not) wish for my child to be given Advil by the school if he/she feel it necessary.

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*\*\*\*

Transportation Waiver

In case of emergency, I request the school to contact me. If the school is unable to reach me, I hereby authorize the school officials to take whatever action deemed necessary to protect the life and health of my child. It is also understood that I am responsible for payment of any care my child may receive.

I hereby certify that \_\_\_\_\_ has permission to travel with the team to all away games and contests where transportation is provided by Meadowbrook Christian School. I agree and do hereby release and discharge any employee, coach, or other person engaged in the activities stated above, from all claims, present and future, known or unknown, in any manner arising out of the above described activities. I further understand and agree that this release shall hold no employee, coach, or other person engaged in the above activities responsible for any and all liability relating to my child for any and all personal injury or illness or any damage or loss of property. I have read, understand, and agree to abide by this signed waiver.

Signature of Parent or Guardian: \_\_\_\_\_



**MEADOWBROOK CHRISTIAN SCHOOL  
ATHLETE ACCIDENT REPORT**

Every accident, which happens, or injury which is suffered by any person in a school building or on school property must be reported at once. This report must be completed and sent to the administrative office. A separate report must be completed for each person injured. Written statements of witnesses, including diagrams may be attached to this report. The administrator of the school where the accident occurred must retain a copy of the report.

Athlete's Name \_\_\_\_\_ Coach's Name \_\_\_\_\_

Address \_\_\_\_\_

Male  Female Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade \_\_\_\_\_

Does the injured person have insurance:  Yes  No

Accident occurred: Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Time \_\_\_\_\_  AM  PM

Activity the injured person was engaged in:

Soccer  Basketball  Track  Other \_\_\_\_\_

Type of Injury:

Dental  Eye  Fracture  Head  Laceration  
 Neck  Back  Sprain / Strain  Other \_\_\_\_\_

Body Part \_\_\_\_\_

Cause or description of events leading to accident \_\_\_\_\_

Location of Accident:

On the way to/from game  During event  Other \_\_\_\_\_

Factors contributing to the accident:

Unsafe mechanical or physical condition  Unsafe personal factor  
 Unsafe Act  Not prepared  Other \_\_\_\_\_

Did a trainer or physician attend to the injured person from the above listed accident?  Yes  No

If Yes, then what treatment was administered \_\_\_\_\_

What follow-up treatment is recommended/ needed? \_\_\_\_\_

Parent(s) notified:  Yes  No By Whom \_\_\_\_\_

Report prepared by \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Reviewed by school administrator \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Meadowbrook Christian School**

## Athletic Coach Contract

Meadowbrook Christian School, Milton, Pennsylvania, enters into this agreement with:

\_\_\_\_\_  
Name

who agrees to serve Meadowbrook in the position of:

\_\_\_\_\_  
Position

During the academic school year 20 \_\_\_\_ - 20 \_\_\_\_

Meadowbrook Christian School agrees to pay \$ \_\_\_\_\_

In addition to coaching duties, as outlined in the athletic handbook, coaches are responsible for the core values and governing principles.

### CORE VALUES

- Integrity (Purity of Intention) – Matthew 22:16
- Unity (Singleness of Purpose) – Colossians 3:23
- Discipline (Training for Moral Development) – I Corinthians 9:24-27

### GOVERNING PRINCIPLES

- Be Fully Present (Offer Full Attention) – Colossians 3:23
- Be Coachable (Offer Due Respect to Authority) – Hebrews 12:11
- Learn to be a Great Communicator (Offer Truth in Love) – Ephesians 4:25
- Make Hard Work Your Passion (Offer Your All) – Proverbs 14:23
- Develop and Demonstrate Loyalty (Offer up Your Own Agenda) – Romans 14:19
- Make Winning an Attitude (Offer Confidence in Christ) – Philippians 4:13
- Handle Success Like You Handle Failure (Offer a Consistent Testimony) – Philippians 2:14-16

I agree to perform the duties as assigned and to observe the requirements and principles set forth in the School's Handbook along with the Athletic Manual and governing policies. I agree to observe and abide by the objectives and ethical expectations of the School.

Signed:

\_\_\_\_\_  
Coach

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athletic Director

\_\_\_\_\_  
Date

**MEADOWBROOK CHRISTIAN SCHOOL**







Team Awards:

Most Valuable Player (Running): \_\_\_\_\_

Best Defensive Player (Throwing): \_\_\_\_\_

Most Inspirational Player (Jumping): \_\_\_\_\_

Most Inspirational Player: \_\_\_\_\_

Individual league or tournament awards: \_\_\_\_\_

\_\_\_\_\_

Please list any outstanding accomplishments or season highlights ( this is for historical purposes ): \_\_\_\_\_

\_\_\_\_\_

**District Qualifiers:**

| Name | Event |
|------|-------|
|      |       |
|      |       |
|      |       |
|      |       |
|      |       |

**ACAA Meet Records:**

| Name | Event | Old Record | New Record |
|------|-------|------------|------------|
|      |       |            |            |
|      |       |            |            |
|      |       |            |            |
|      |       |            |            |
|      |       |            |            |
|      |       |            |            |



